

24-hour care for peace of mind

At Selwyn Village and Selwyn Heights, The Selwyn Foundation offers a range of unobtrusive care services and facilities that are available for independent living residents, as and when they may be required. This means that, in many cases, should a resident's health deteriorate, their partner can still remain in the same village and they can continue to see each other daily.



Our care services include:

- **Residential care.** Standard and premium bedrooms are available on a priority basis to independent living residents.
- **Hospital care.** Standard and premium bedrooms are available on a priority basis to independent living residents.
- **Dementia day care** is available between Monday and Friday at Selwyn Village.
- **Dementia residential care** is available at Selwyn Village.
- **Medical Centre.** Our healthcare professionals have a special interest in the needs of older people. Residents can transfer from their current GP to the medical centre to receive all their primary care on site. Authorised independent living staff have access to the medical records of registered patients, in order to assist with the correct response during a medical emergency. Transfer to the rest home and hospital also becomes easier, should the need arise.
- **Emergency response.** Every unit is fitted with emergency call buttons and most units also have pendants, which residents may choose to wear. When the button is activated at any time of the day or night, the call is received in the rest home/hospital and a staff member (usually a registered nurse) responds. If admission to public hospital is necessary, they will then make the arrangements.
- **Sickbay.** Independent residents have priority access to a sickbay bed in the hospital. This is particularly useful for those living alone or who have just been discharged from hospital and may still be too unwell to care for themselves.
- **Respite care.** We offer respite care for residents who have heavy care needs, in order to give their partner some time-off. This can sometimes be fully or partially funded by the District Health Board.
- **Chaplaincy.** A chaplaincy service is available for residents to confidentially discuss their fears

and worries. Public worship services are held on Sundays and, on occasions, during the week.

- **Personal care.** Personal care is available to any resident who has difficulty showering and dressing in the morning. Our trained caregivers will provide discreet assistance.
- **Medication dispensing.** Our caregivers can bring your pills to you and support you while you take them, thus ensuring that the correct medication is taken at the right time.
- **Wellness checks.** We provide a variety of wellness checks ranging from daily telephone calls and weekly visits by a caregiver to a monthly telephone call and six monthly visits by a registered nurse. Designed to keep on eye on those who are particularly frail, these services also provide peace of mind for the family. Such checks are also helpful in spotting trends in deteriorating health, which can then be discussed before a major health event occurs.
- **Wound care.** We offer both simple and complex wound care for residents whose mobility difficulties hamper the changing of dressings.
- **Physiotherapy.** Our on-site physiotherapists are available to deal with both doctor-diagnosed care and to develop exercise and mobility programmes.
- **Podiatry.** On-site podiatry is available.
- **Hairdresser.** An on-site hairdresser is available.
- **Hotel services.** We offer permanent and casual cleaning and laundry services.
- **Meals.** We offer home delivery of meals on a permanent or casual basis.

Contact us

For further information on our range of care services and facilities, please contact us on 09 624 2604 or email: markt@selwyncare.org.nz.

www.selwyncare.org.nz



Information

The Selwyn Foundation's care facilities are very popular and the care units are often at capacity. Independent living residents are not guaranteed access whenever they want it, but do gain priority over individuals referred by the District Health Board. Permanent access to residential care usually requires assessment by the District Health Board upon referral by a GP. Government funding of care via the Residential Care Subsidy is asset- and income-tested by WINZ. Some services are provided as part of the monthly fees paid by the resident. Others are at additional cost – check your ORA contract and Disclosure Statement for what applies to you. Fees are reviewed regularly.

The above services and facilities are correct as at December 2010. Residents' tastes change over time, and we seek to update the services and facilities on offer in response. The Foundation consults with residents when making changes which may affect the fees they pay or their enjoyment of the village.



Whilst the independent living units are separate from each village's residential care facilities, you and your family can be assured that – with such a wide range of care options and professional nursing staff available 24 hours a day – the very best of care will be at your disposal, providing the peace of mind and freedom to allow you to enjoy your retirement to the full.