

Birkdale / Beachhaven

Coordinator	Allison Shepherd, Ph 483 6989
Address	Birkdale Beachhaven Anglican Church, 56A Tramway Rd, Beachhaven
Days	Thursday (9.15 am — 11.45 am)
Meal	Morning tea
Fees	\$3 Transport: Available (a small donation is appreciated)

Blockhouse Bay

Coordinator	Sylvia Richardson, Ph 627 8779
Address	Church of the Saviour, 2 Heaphy St, Blockhouse Bay
Days	Monday (9.30 am — 12.30 pm), Wednesday (10.00 am — 1.00 pm)
Meal	A cooked lunch is served on Wednesdays only, \$6.
Fees	\$2
Transport	Available for Blockhouse Bay area (a small donation is appreciated)

Clendon

Coordinator	Dorothy Young, Ph 266 3032
Address	St Elizabeth's Anglican Church, Finlayson Ave, Clendon
Days	Monday (9.15 am — 12.30 pm)
Meal	Cooked lunch
Fees	\$3 (plus \$4 for lunch)
Transport	Available (a small donation is appreciated)

Clendon Pacific Island

Coordinator	Ala Mokole, Ph 266 3032
Address	St Elizabeth's Anglican Church, Finlayson Ave, Clendon
Days	Wednesday (9.15 am — 12.30 pm)
Meal	Cooked lunch
Fees	\$3 (plus \$4 for lunch)
Transport	Available (a small donation is appreciated)

Flat Bush

Coordinator	Ann McLean, Ph 535 2271
Address	St Paul's Anglican Church, 141 Chapel Rd, Flat Bush, Manukau City
Days	Friday (9.15 am — 11.45 am)
Meal	Morning tea
Fees	\$3
Transport	Available (a small donation is appreciated)

Glen Eden

Coordinator	Deryck Sommerville, Ph 813 0708
Address	St Andrew's Anglican Church, 10 Clayburn Rd, Glen Eden
Days	Wednesday (9.15 am — 11.45 am)
Meal	Morning tea
Fees	\$3
Transport	Available (a small donation is appreciated)

Henderson

Coordinator	Audrey Jones, Ph 838 8380
Address	St Michael's Anglican Church, 425 Gt North Rd, Henderson
Days	Monday, Tuesday (9.15 am — 11.45 am)
Meal	Morning tea
Fees	\$3
Transport	Available (a small donation is appreciated)

Howick

Coordinator	Mary Galliers, Ph 534 6864
Address	All Saints Anglican Church, Howick
Days	Monday, Wednesday, Friday
Hours	Monday & Friday (9.30 am — 1.30 pm), Wednesday (10.00 am — 1.30 pm)
Meal	Morning tea, cooked lunch
Fees	\$3 (plus \$6 for lunch)
Transport	Available (a small donation is appreciated)

Manurewa

Coordinator	Debbie Beatson, Ph 266 5266
Address	St Luke's Anglican Church, Russell Rd, Manurewa
Days	Tuesday, Friday (9.15 am — 11.45 am)
Meal	Substantial morning tea
Fees	\$4
Transport	Available (a small donation is appreciated)

Maraetai

Coordinator	Marilyn or Gill. ph 536 5306 / 536 6123
Address	St Mark's Anglican Church, Maraetai
Days	Monday and Thursday (9.15 am — 11.45 am)
Meal	Lunch is served twice a month
Fees	\$3 (plus \$6 for lunch)
Transport	Available (a small donation is appreciated)

Massey

Coordinator	Tarina Stott, Ph 832 5998
Address	Church of the Good Shepherd, 6 Moire Rd, Massey East
Days	Thursday (9.00 am — 12.00 noon)
Meal	Morning tea
Fees	\$2
Transport	Available (a small donation is appreciated)

A Chaplain is available for those who are not already being cared for by a church community and would like to have a visit to talk over life's concerns and/or faith issues.

Meadowbank

Coordinator:	Kirsten Rasmussen, Ph 521 5013 / 533 9000
Address:	St Chads Anglican Church, 38 St Johns Rd, Meadowbank
Days:	Tuesday (9.30am - 11.30am)
Meal:	Morning tea
Fees:	\$3
Transport:	Available (a small donation is appreciated)

Milford

Coordinator	Mary Griffiths, Ph 486 0668
Address	St Paul's Anglican Church, Otakau Rd, Milford
Days	Tuesday, Friday (9.30 am — 12 noon)
Meal	Morning tea (cooked lunch served on the first Tuesday of the month)
Fees	\$3 (plus \$5 for lunch)
Transport	Available (a small donation is appreciated)

Papakura Respite Care *(See over for contact details)*

Monday caters particularly for the more frail, and the day continues to 4.00 pm to give extra time of respite for carers of the guests.

Day	Monday (9.30 am — 4.00 pm)
Meals	Morning tea, cooked lunch and afternoon tea
Cost	\$10 for morning, and \$3 for the afternoon session
Transport	Available (a small donation is appreciated)
Programme	As morning, with crafts, gardening, men's shed and other suitable activities
Suitable	For frail and mild dementia guests
Staff	One, plus volunteers and an on-call registered gerontologist nurse.

Papakura

Coordinator Helene Green, Ph 296 3843
Day respite Lorraine Standring
Community Nurse Darlene Jones, Ph 296 3843
(Mobile 021 234 8545)
Address The Homestead, 21 Youngs Rd, Papakura
Days Monday, Tuesday, Wednesday and Friday
(9.30 am - 12.30 pm)
Meal Cooked lunch
Fees \$3 (plus \$5 for lunch)
Transport Available (a small donation is appreciated)

Papatoetoe

Coordinator Millie Rigden, Ph 278 3412
Address St George's Anglican Church,
Landscape Rd, Papatoetoe
Days Monday, Tuesday, Thursday
(9.30 am — 12.30 pm)
Meal Cooked lunch
Fees \$2 (plus \$3 for lunch)
Transport: Available (a small donation is appreciated)

Papatoetoe - for the Indian Community

Coordinator George Kovor, Ph 278 3412/ 250 4772
Address St George's Anglican Church,
Landscape Rd, Papatoetoe
Days Wednesday (9.30 am — 12.15 pm)
Fees \$2
Transport Available (a small donation is appreciated)

Pukekohe

Coordinator Libby Davey, Ph 09 238 0561/09 238 7228
(Mobile 021 033 9047)
Address St Andrew's Anglican Church, Pukekohe
Days Tuesday, Thursday (9.15 am — 11.45 am)
Meal A cooked lunch is served on Tuesdays
Fees \$2 (plus \$5 for lunch)
Transport Available (a small donation is appreciated)

The Selwyn Foundation is a member of the
ProCare Health Network

Swanson

Coordinator Dorothy Miller, Lois Tallet, Ph 832 4425
Address St Mark's Anglican Church, Swanson
Days Friday (10.00 am — 12.00 noon)
Meal Morning tea
Fees \$2
Transport Available (a small donation is appreciated)

Tuakau

Coordinator Judy Skinner, Ph 09 233 4303
(Mobile 021 555 002)
Address St John's Anglican Church, Tuakau
Days Monday (9.00 am — 2.00 pm, respite care),
Tuesday (9.30 am — 11.45 am)
Meal Cooked lunch (Mon), morning tea (Tues)
Fees \$10 (Mon), \$3 (Tues)
Transport Available (a small donation is appreciated)

Waiuku

Coordinator Heather Boyce, Ph 09 235 9954
Address Holy Trinity Anglican Church of Waiuku
Days Thursday (9.15 am — 11.45 am)
Meal Morning tea
Fees \$3
Transport Available (a small donation is appreciated)

Whangarei

Coordinator Jean Currie, Ph 09 437 6087
Address Whangarei Anglican Church Hall,
cnr Kamo & Deveron St, Whangarei
Days Monday (9.30 am — 1.00 pm)
Meal Simple lunch (a full cooked meal
is served once a month)
Fees \$5 for full lunch and activities
(\$8 — \$10 if an outing is included)
Transport Available (a small donation is appreciated)

Whangarei Seniors Community

Contact Judy Nasarek, Ph 09 437 6397
(Mobile 021 176 1205)
Location 1b Deveron St, Whangarei

*Available for help with resourcing, networking and advocacy
for the elderly, service agencies and groups working with the
elderly in the Whangarei community.*



The Selwyn Centres

*Friendship, help and support
for the older person*

The Selwyn Foundation Parish Partnership Programme operates twenty-three community day care centres from parish buildings throughout greater Auckland and Whangarei for elderly people who may be lonely or isolated and in need of help and support. Hosted in association with local Anglican churches, the centres are part-funded by The Selwyn Foundation, one of New Zealand's largest charitable providers of quality aged care services.

The cost of attending the centres is \$2 - \$4 per session and, where a meal is provided, it is charged at cost (\$6 or less). The centres are open from 9.15 am to midday (approx), and return transport can be arranged for a small donation. All centres have a time of gentle exercises, morning tea, social games and interaction.

A gerontologist nurse is available on site at the Papakura Homestead, who can also help with any concerns or queries that guests and coordinators at centres in the Counties Manakau DHB area may have regarding health, access to services or resources.

The Selwyn
Foundation