



Selwyn in Touch

Summer 2011

Latest news from The Selwyn Foundation

Greetings!

2011 looks set to be an exciting year for The Selwyn Foundation, with new care services and independent living facilities due to be launched. These will enable us to provide higher standards of care to residents and offer first-class accommodation options to those seeking a quality retirement village lifestyle.

This year, we shall also commemorate a very special anniversary – the Golden Jubilee of the consecration of the Chapel of Christ the King at Selwyn Village (Point Chevalier, Auckland). To mark the occasion, a celebratory service will be held on Sunday, 20th February, at 4.00pm, and we are delighted that Bishop Ross Bay, Bishop of Auckland and President of The Selwyn Foundation, will officiate and preach at the service.

We should like to extend a warm invitation to attend this

service to everyone who has been associated with Selwyn Village and the Chapel over the years. If you would like further information on this event, or on the celebratory dinner that follows, please contact us on 09 815 4780 or email marianneh@selwyncare.org.nz

Preparations are also underway for the Foundation's annual AGM, which will take place on 20th April in Auckland; if you would like further details on this event, please email Sue Marmont in the National office: suem@selwyncare.org.nz.

Love and care

The Revd Duncan Macdonald, CEO

'At Home at Selwyn' – a winning approach to residential aged care



Gracedale staff with the INsite/NZACA awards. Photo courtesy of Monique Diver.

Our innovative 'At Home at Selwyn' new model of care, which is an expression of The Selwyn Way - Faith, Care, Wellness and Independence - is now being launched in a phased programme across the Foundation's eleven care facilities around the country.

Initially trialled during 2008/09 at Gracedale Home and Hospital, Mt Roskill, Auckland (managed under contract by the Foundation), the model focuses on a more personalised approach to the care of the individual, on the creation of an environment that promotes residents' independence, and on families and staff actively working together to develop a partnership in the provision of care.

In recognition of the trial's success - which has resulted in enhanced satisfaction rates amongst residents, their families and staff in terms of the quality of care and the creation of a sense of 'being at home' - the Foundation was named supreme winner of the 2010 INsite magazine/New Zealand Aged Care Association 'Excellence in Care' Awards. Not only did we win the specific 'Innovative Delivery' category, but also received the 'Overall Excellence in Aged Care' award (granted to the organisation that demonstrated an outstanding commitment to achieving excellence in aged care across all four award categories).

"It's about treating people with respect and creating opportunities where they can grow as a person - staff and residents alike," says Hilda Johnson-Bogaerts, The Foundation's General Manager of Residential Care Services.

Charmain Diver, Manager of Gracedale Home and Hospital, says: *"Not only did we have innovative ideas, but we were also able to measure the impact of the change, to show how we were helping our residents achieve a better quality of life. We have been amazed at the results."*

Training and education of staff on the key aspects of the 'At Home at Selwyn' approach are now in progress, with the model to be embedded at all of the Foundation's care facilities by the end of the year.



Gilberd Apartments – new for 2011

Construction of the outstanding new Gilberd Apartments and Macdonald Community Centre at Selwyn Heights (Hillsborough, Auckland) is continuing apace, with work due to be completed in October 2011.

Designed by specialist retirement village architects, Klein Ltd, the impressive Gilberd apartment building will comprise four upper floors of apartments (44 in total) above the ground floor Macdonald Centre with its extensive resident facilities and underground carparking.

Named in honour of The Right Reverend Bruce Gilberd, Bishop of the Diocese of Auckland, 1985-1994, and The Foundation's Chief Executive Officer, Reverend Duncan Macdonald, this high quality development will offer stress-free, contemporary retirement living, with the added assurance of backup 24 hour nursing care, should you need it, and the confidence of Selwyn's charitable, not-for-profit status.



Artist's impression of the new Gilberd Apartments and Macdonald Centre

There is already enormous interest in the wide range of stylish one and two-bedroom apartments and first-class leisure facilities that will be available to independent living residents, and a number of sales 'off-plan' have already been confirmed.

If you would like further information on the Gilberd Apartments, email markt@selwyncare.org.nz or visit www.selwyncare.org.nz

New Selwyn Centres opening in early 2011



Last year, the Selwyn Parish Partnership programme celebrated its tenth anniversary of providing community day centres for older people. Part-funded by the Foundation and

hosted in association with local Anglican churches, Selwyn Centres offer morning get-togethers for people of varying levels of independence and mobility and the chance to meet and socialise in a friendly, caring environment. Much needed respite services are also available at some locations.

Twenty-two Selwyn Centres currently operate from (mainly) church premises throughout Greater Auckland and in Whangarei, serving over 500 people each week and helping to alleviate the problem of social isolation of older people and the attendant health risks.

In January, a new Centre opened in the Auckland suburb of Mt Albert, and others will be opening in Thames, Epsom and Kohimarama in the coming months, bringing comfort, help and support to greater numbers of older people within our communities.

If you would like further information on the work of the Selwyn Centres, or to find out which Centre is nearest you, please visit www.selwyncare.org.nz

For information on how a gift or bequest to The Selwyn Foundation can make a real difference to the lives of those whom we support and care for, please contact:

Stephen Brooker at The Foundation on 09 845 0838, email: stephenb@selwyncare.org.nz, or visit www.selwyncare.org.nz

Sharing story - finding meaning in later life

The Selwyn Centre for Ageing and Spirituality is delighted to host a number of spiritual reminiscence workshops with Dr Elizabeth MacKinlay, Director of the Centre for Ageing and Pastoral Studies at Charles Sturt University, Canberra. The workshops will provide the opportunity for people to acquire and develop skills in spiritual reminiscence that can be applied in their own lives and in care situations. They will also address ways of using spiritual reminiscence for people with dementia.

The workshops are recommended for chaplains, parish clergy who work with older people, pastoral carers, staff of aged care facilities and volunteers, as well as for older people. The content will include an introduction to spirituality in ageing, strategies for sharing story, opportunities to practise skills of story listening and story telling, and guidelines for listening to the stories of people with dementia.

Workshops will be held at the following locations:

Hamilton: Monday, 7th March 2011

St Peter's Cathedral, 51 Victoria Street

Hawkes Bay: Tuesday, 8th March 2011

Education Centre, Hawke's Bay Hospital Campus

Napier: Wednesday, 9th March 2011

Eastern Institute of Technology, 501 Gloucester Street, Taradale

Christchurch: Thursday, 10th March 2011

St Barnabas Church Hall, 8 Tui Street, Fendalton

Auckland: Friday, 11th March 2011

Selwyn Village Theatre, 43 Target Street, Point Chevalier.

For further information on course fees and registration, visit www.selwyncare.org.nz or contact Dr Chris Perkins, chrisp@selwyncare.org.nz