

Beachlands

Coordinator: Bijay Goundar, Ph 536 7206
Address: St Hilda Community Hall, 3 Wakelin Road, Beachlands

Days: Thursday (10.00 am - 12.00 noon)
Meal: Morning tea Fee: \$3.00
Transport: Available for a charge of \$3.00

Birkdale / Beach Haven

Coordinator: Julia Masters, Ph 483 6258/021 073 4153
Address: Birkdale Beach Haven Anglican Church, 56A Tramway Rd, Beach Haven

Days: Thursday (9.30 am - 12.00 noon)
Meal: Morning tea Fee: \$3
Transport: Available. (a small donation is appreciated)

Blockhouse Bay

Coordinator: Sylvia Richardson, Ph 627 8779
Address: Church of the Saviour, 2 Heaphy St, Blockhouse Bay

Days: Monday (9.30 am - 12.30 pm),
Wednesday (9.30 am - 1.00 pm)
Meal: A cooked lunch is served on Wednesdays only, \$6.
Fee: \$2
Transport: Available for Blockhouse Bay area (a small donation is appreciated)

Clendon

Coordinator: Dorothy Young, Ph 266 3032
Address: St Elizabeth's Anglican Church, Finlayson Ave, Clendon

Days: Monday (9.15 am - 12.30 pm)
Meal: Cooked lunch Fees \$3 (plus \$4 for lunch)
Transport: Available (a small donation is appreciated)

Clendon Pacific Island

Coordinator: Ala Mokole, Ph 269 2679/268 8441
Address: St Elizabeth's Anglican Church, Finlayson Ave, Clendon

Days: Wednesday (9.15 am - 12.30 pm)
Meal: Cooked lunch. Fees \$3 (plus \$4 for lunch)
Transport: Available (a small donation is appreciated)

Flat Bush

Coordinator: Ann McLean, Ph 535 2271
Address: St Paul's Anglican Church, 141 Chapel Rd, Flat Bush, Manukau City

Days: Friday (9.30 am - 11.45 am)
Meal: Morning tea Fee: \$3
Transport: Available (a small donation is appreciated)

Glen Eden

Coordinator: Deryck Summerfield, Ph 813 0708
Address: St Andrew's Anglican Church, 10 Clayburn Rd, Glen Eden

Days: Wednesday (10.00 am - 12.00 noon)
Meal: Morning tea Fee: \$3
Transport: Available (a small donation is appreciated)

Henderson

Coordinator: Audrey Jones, Ph 838 8380/416 4474
Address: St Michael's Anglican Church, 425 Gt North Rd, Henderson

Days: Monday, Tuesday (9.30 am - 12.30 pm)
Meal: Morning tea Fee: \$3
Transport: Available (a small donation is appreciated)

Howick

Coordinator: Mary Galliers, Ph 534 6864
Address: All Saints Anglican Church, Howick

Days: Monday, Wednesday, Friday
Hours: Monday & Friday (9.30 am - 1.30 pm),
Wednesday (10.00 am - 1.30 pm)
Meal: Morning tea, cooked lunch
Fees: \$3 (plus \$6 for lunch)
Transport: Available (a small donation is appreciated)

Kohimarama

Coordinator: Janet, Ph 521 8993 Mobile 027 262 9099
Address: St Andrew's Anglican Church Hall, 116 Selwyn Avenue, Howick.

Day: Wednesday (9.30 am - 12.00 noon)
Fee: \$3
Transport: Available (a small donation is appreciated)

Manurewa

Coordinator: Debbie Beatson, Ph 269 6914
Address: St Luke's Anglican Church, Russell Rd, Manurewa
Days: Tuesday, Friday (9.45 am - 12.00 noon)
Meal: Substantial morning tea Fee: \$4
Transport: Available (a small donation is appreciated)

Maraetai

Coordinator: Gill or Marilyn ph 536 5306 / 536 6123
Address: St Mark's Anglican Church, Maraetai
Days: Monday (9.30 am - 11.45 am)
Meal: Lunch is served twice a month
Fees: \$3 (plus \$6 for lunch)
Transport: Available (a small donation is appreciated)

Massey

Coordinator: Tarina Stott, Ph 832 5998
Address: Church of the Good Shepherd, 24 Moire Rd, Massey East
Days: Thursday (9.00 am - 12.00 noon)
Meal: Morning tea Fee: \$2
Transport: Available (a small donation is appreciated)

Meadowbank

Coordinator: Kirsten Rasmussen, Ph 521 5013 / 533 9000
Address: St Chad's Anglican Church, 38 St Johns Rd, Meadowbank
Days: Tuesday and Thursday (9.30 am - 12.00 noon)
Meal: Morning tea Fee: \$3
Transport: Available (a small donation is appreciated)

Milford

Coordinator: Mary Griffiths, Ph 486 0668
Address: St Paul's Anglican Church, Otakau Rd, Milford
Days: Tuesday, Friday (9.30 am - 12 noon)
Meal: Morning tea (cooked lunch served on the first Tuesday of the month)
Fees: \$3 (plus \$5 for lunch)
Transport: Available (a small donation is appreciated)

Mt Albert

Coordinator: Joanna Williamson, Ph 528 6916/027 498 8010
Address: St Luke's Anglican Church, 704 New North Rd, Mt Albert
Days: Friday (9.30 am - 12.30 pm)
Meal: Morning tea Fee: \$3.00

Papatoetoe

Coordinator: Millie Rigden, Ph 278 3412
Address: St George's Anglican Church, Landscape Rd, Papatoetoe
Days: Monday, Tuesday, Thursday (9.30 am - 12.30 pm)
Meal: Cooked lunch Fees \$2 (plus \$3 for lunch)
Transport: Available (a small donation is appreciated)



Papatoetoe - for the Indian Community

Coordinator George Kovoor, Ph 278 3412 / 250 4772
Address St George's Anglican Church,
Landscape Rd., Papatoetoe

Days Wednesday (9.30 am - 12.15 pm) Fee: \$2
Transport Available (a small donation is appreciated)

Papakura

Coordinator Helene Green, Ph 296 3843
Day respite Lorraine Standing
Community Nurse Darlene Jones, Ph 296 3843 / 021 234 8545
Address The Homestead, 21 Youngs Rd., Papakura

Days Mon, Tues, Wed and Fri (9.30 am - 12.30 pm; the Monday respite programme continues to 3.30 pm)
Meal Cooked lunch Fees \$3 (plus \$5 for lunch)
Transport Available (a small donation is appreciated; transport is also available for respite)

Monday caters particularly for the more frail and those with mild dementia, and the day continues to 3.30 pm to give extra time of respite for carers. Morning tea, a hot lunch and afternoon tea are provided. Fees are \$10 (for morning) and \$3 (for afternoon).

The programme is as per the morning session, with crafts, gardening, men's shed and other suitable activities in the afternoon. The Selwyn Centre coordinator, volunteers and an on-call registered gerontologist nurse are on-site throughout the day.

Pukekohe

Coordinator Libby Davey, Ph 09 238 0561 (Mobile 021 033 9047)
Address St Andrew's Anglican Church, Pukekohe
Days Tuesday, Thursday (9.15 am - 11.45 am)

Meal A cooked lunch is served on Tuesdays
Fees \$2 (plus \$5 for lunch)
Transport Available (a small donation is appreciated)

Swanson

Coordinator Lois Tallier, Ph 832 4425
Address St Mark's Anglican Church, 705 Swanson Road, Swanson.

Days Friday (10.00 am - 12.00 noon)
Meal Morning tea Fee: \$2
Transport Available (a small donation is appreciated)

Te Atatu Peninsula

Coordinator Janette Fawcette, Ph 834 6633
Address St Paul's Anglican Church Hall, 32 Taikata Road, Te Atatu Peninsula.

Days Friday (9.30 am - 11.30 am)
Fee \$3

Thames

Coordinator Margaret Mackay, Ph 07 868 4711
Address St George's Hall, 602 Mackay Street, Thames.
Days Wednesday (9.30 am - 12.00 noon)
Fee \$3

Tuakau (incl. respite care)

Coordinator Judy Skinner, Ph 09 233 4303 / 021 555 002
Address St John's Anglican Church, Tuakau
Days Monday (9.30 am - 2.00 pm, respite care), Tuesday (9.30 am - 11.45 am)
Meal Cooked lunch (Mon), morning tea (Tues)
Fees \$10 (Mon), \$3 (Tues)
Transport Available (a small donation is appreciated)

Waiuku

Coordinator Heather Boyce, Ph 235 9954 / 022 359 954
Address Holy Trinity Anglican Church of Waiuku
Days Thursday (9.00 am - 12.00 noon)
Meal Morning tea Fee: \$3
Transport Available (a small donation is appreciated)

Whangarei Seniors Community

Contact Judy Nasarek, Ph 09 437 6397 / 021 176 1205
Location 1b Deveron St, Whangarei

Whangarei

Coordinator Jean Currie, Ph 09 437 6087
Address Whangarei Anglican Church Hall, 2a Kamo Road, Whangarei
Days Monday (9.45 am - 1.00 pm)
Meal Simple lunch (a full cooked meal is served once a month)
Fees \$5 for full lunch and activities (\$8 - \$10 if an outing is included)
Transport Available (a small donation is appreciated)



The Selwyn Centres

Friendship, help and support for the older person

The Selwyn Foundation Parish Partnership Programme operates community day centres from parish buildings throughout greater Auckland and Whangarei for older people who may be lonely or isolated and in need of help and support. Hosted in association with local Anglican churches, the centres are part-funded by The Selwyn Foundation, one of New Zealand's largest charitable providers of quality aged care services.

The cost of attending the centres is \$2 - \$4 per session and, where a meal is provided, it is charged at cost (\$6 or less). The centres are open from 9.15 am to midday (approx), and return transport can be arranged for a small donation. All centres have a time of gentle exercises, morning tea, social games and interaction.

A gerontologist nurse is available on site at the Papakura Homestead, who can also help with any concerns or queries that guests and coordinators at centres in the Counties Manakau DHB area may have regarding health, access to services or resources.